

Administrative Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, or death.

TJ 0 Tc 0 Tw 4.582 0 Td ()Tj -0.019 Tc

Archived

A. Subject

Intensive Outpatient Program – Mental Health

B. Background

Mental health (MH) services are provided along a continuum of care where the level of care varies dependent on the type and intensity of services provided. These services involve an integrated system of care, ranging from outpatient services to residential treatment, that offers comprehensive services based on member needs and examines factors such as support systems available, prior life experiences, and behavioral, physical, gender, cultural, cognitive, and/or social factors.

Intensive outpatient services (IOS) are offered by practice groups or facilities providing behavioral health care services. IOS programs provide three (3) hours of treatment per day, and the program is available at least two (2) to three (3) days per week. Some therapies that might be offered include group therapy, dialectical behavior therapy, individual therapy, and

