

Medical Policy Statement prepared by CSMG Co. and its affiliates (including CareSource) are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statemen.c 0 Tw 4.09 0 Td6.463



A. Subject  
**Nutritional Supplements**

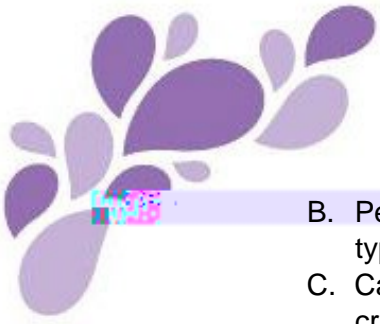
B. Background

Nutrition may be delivered through oral intake, or through a tube into the stomach or small intestine. Enteral Nutrition may be medically necessary

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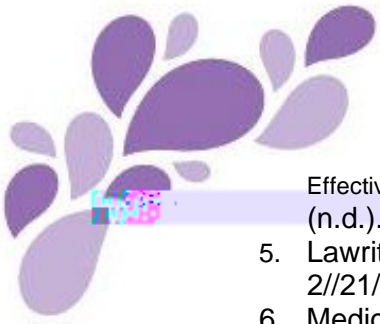
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- B. Per Ohio Administrative Code, “a new prescription is required for a change in the type or increase in the quantity of an item<sup>3</sup>”
- C. CareSource considers enteral nutrition medically necessary when the following criteria are met:
  - 1. Must be a medical food for enteral feeding **AND**
  - 2. Must be used under medical supervision **AND** t

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Effective Date: 1/1/2020 Lawriter - OAC - 5160-8-41 Medical nutrition therapy services. (n.d.). Retrieved on 2/25/2019 from <http://codes.ohio.gov/oac/5160-8-41v1>

5. Lawriter - OAC - 5160-10-26 DMEPOS: nutrition products. (n.d.). Retrieved on 2/21/2019 from <http://codes.ohio.gov/oac/5160-10-26>

6. Medical Foods Guidance Documents & Regulatory Information. (2017, December 6). Retrieved on 12/10/2018 from

<https://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/MedicalFoods/default.htm>

ood/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/MedicalFoods/default.htm

7. Robinson, D., Walker R., Adams, S., Allen, K....Holcombe, B., (2018, May).

American Society for Parenteral Nutrition (ASPN). (2018, May). *ASPN Position Statement: Medical Foods*. Retrieved from [www.aspn.org](http://www.aspn.org)

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